

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

**LUNCH**

**Burger Day:**

Hamburger, Whole Grain roll,  
Lettuce, Tomato,  
Pickles, Oven Fries  
Alt: WG Cereal meal, 4oz juice, 4oz  
Cheese stick, WG Cracker

**LUNCH**

**Crunchy Taco Day,  
Seasoned chicken**

Lettuce, tomato, Cheese & Salsa,  
Corn & Bean Salad  
Alt: 2oz WG bagel w/cream cheese,  
4oz yogurt

**LUNCH**

**Pasta with Marinara:**

Shredded Cheese, Garlic Bread,  
Garden salad  
Alt: WG maple pancakes or waffles,  
cheese stick, & sunflower butter

**LUNCH**

**Pizza Thursday,  
Cheese Pizza, garden salad,  
School baked WG cookie**

Alt: 2oz Hummus cup with veggie  
sticks & WG cracker, 4oz yogurt

**LUNCH**

**Sandwich Day**

Chicken Patty, Lettuce, Tomato,  
Pickles, WG chips

Alt: Sunbutter & Jelly Uncrustable,  
Cheese stick, WG snack

**LUNCH**

**Deli Sandwich Day**

Ham or Turkey & Cheese, Whole  
Grain roll, Lettuce, Tomato,  
Pickles, WG chips

Alt: Sunbutter & Jelly Uncrustable,  
Cheese stick, WG snack

**No School**

**LUNCH**

**Meatball Grinder, on a WG roll**  
Cheese, garden salad

Alt: 2oz WG bagel w/cream cheese,  
4oz yogurt

**LUNCH**

**Teriyaki chicken:**  
With Rice and Mix stir-fried  
Vegetables

Alt: WG maple pancakes or waffles,  
cheese stick, & sunflower butter

**LUNCH**

**Max Sticks, with Marinara**  
Mixed vegetables,  
Rice Crispy treat

Alt: 2oz Hummus cup with veggie  
sticks & WG cracker, 4oz yogurt

**LUNCH**

**Fish Sticks Friday**  
Oven fries, Coleslaw, tartar sauce

Alt: Sunbutter & Jelly Uncrustable,  
Cheese stick, WG snack

**LUNCH**

**Chicken Nuggets,  
Tater tots, & corn**

Alt: WG Cereal meal, 4oz juice, 4oz  
Cheese stick, WG Cracker

**LUNCH**

**Taco Salad Day: ground beef**  
Lettuce, tomato, Garlicky black  
beans, salad, Cheese, Chips & Salsa

Alt: 2oz WG bagel w/cream cheese,  
4oz yogurt

**LUNCH**

**Mac & Cheese,**  
Served with carrot coins and ap-  
plesauce

Alt: WG maple pancakes or waffles,  
cheese stick, & 2oz sunflower butter

**LUNCH**

**Pizza Thursday,  
Cheese Pizza, garden salad,  
School baked WG cookie**

Alt: 2oz Hummus cup with veggie  
sticks & WG cracker, 4oz yogurt

**LUNCH**

**Burger Day:**  
Hamburger, Whole Grain roll,  
Lettuce, Tomato,  
Pickles, potato chips

Alt: Sunbutter & Jelly Uncrustable,  
Cheese stick, WG snack

**LUNCH**

**Breakfast for Lunch**

Turkey Sausage, Egg & Cheese  
Sandwiches, Sweet potato tots,  
Orange juice  
Alt: WG Cereal meal, 4oz juice, 4oz  
Cheese stick, WG Cracker

**LUNCH**

**Corn Dog**

Vegetarian Baked beans, Potato  
Salad  
Vegetables

Alt: 2oz WG bagel w/cream cheese,  
4oz yogurt

**LUNCH**

**Spaghetti & Meatballs,**

Garlic knots, mixed vegetables

Alt: WG maple pancakes or waffles,  
cheese stick, & 2oz sunflower butter

**LUNCH**

**Mozzarella Sticks, with marinara**  
mixed vegetables,  
Graham crackers

Alt: 2oz Hummus cup with veggie  
sticks & WG cracker, 4oz yogurt

**LUNCH**

**Warm WG Pretzel & Cheese**

Served with mixed veggies & Ice  
Cream treats

Alt: Sunbutter & Jelly Uncrustable,  
Cheese stick, WG snack

Menu is subject to change.

Grades 1-3 FREE Breakfast & Lunch

Grades 1-3 offer daily in school entrée & entrée alternative:

Choices comes with 1/2 cup fruit, vegetable, and or milk from main menu

This institution is an equal opportunity provider

Breakfast Choices:

Monday: Muffin Meal, Tuesday: Sweet Potato Roll, Wednesday: Quick Bread, Thursday:

Apple Frudel, Friday: Cereal Bar or Pop tarts

All juice is 100% juice, each breakfast comes with 1/2 cup fruit, fruit Juice & or milk

All options are made using Whole Grain