

Monday

Tuesday
Wednesday
Thursday
Friday
MY SCHOOL BUCKS
PAY FOR MEALS ONLINE
 MySchoolBucks.com

LUNCH
6
Munchie Basket

Mozzarella sticks, Chicken nuggets, Fries, seasonal veggies & fruit
Alt: WG 2ozCereal meal, 4oz juice, Cheese stick, Fruit

Lunch
7
Taco Day, Seasoned Beef

Lettuce, Tomato, Cheese & Salsa, & Beans
Alt: 2oz WG Bagel Meal, Sun-flower seeds & Fruit

Lunch
8
Garlic Buttered Noodles & Chicken

Mixed Veggies & Fruit
Alt: WG 2ozCereal meal, 4oz juice, Cheese stick, Fruit

Lunch
9
Pizza Thursday, Cheese Pizza, Caesar Salad

WG Treat & Fruit
Alt: 2oz WG Bagel Meal, Sun-flower seeds & Fruit

Lunch
10
Fish Nuggets & Fries with Coleslaw & Tartar Sauce

Alt: WG 2ozCereal meal, Cheese stick, Fruit

Lunch
13
Grilled Cheese Sandwich & Tomato Soup

Veggies & fruit
Alt: WG 2ozCereal meal, 4oz juice, Cheese stick, Fruit

Lunch
14
(Oriole Bowl)Popcorn Chicken, Mashed

Potato, Corn & Gravy
Alt: 2oz WG Bagel Meal, Sun-flower seeds & Fruit

Lunch
15
Warm Pretzel & Cheese Sauce & Roasted Chickpeas

Mixed veggies & fruit
Alt: WG 2ozCereal meal, 4oz juice, Cheese stick, Fruit

Lunch
16
Pizza Thursday, Cheese Pizza, Roasted Broccoli

WG Treat & Fruit
Alt: 2oz WG Bagel Meal, Sun-flower seeds & Fruit

Lunch
17
Chicken Patty On a roll

Lettuce, tomato, & pickles, Chips & fruit
Alt: WG 2ozCereal meal, 4oz juice, Cheese stick, Fruit

Lunch
20
Chicken Nuggets & Sweet potato Fries & Fruit

Alt: WG 2ozCereal meal, 4oz juice, Cheese stick, Fruit

Lunch
21
Cheese Quesadilla,

Sour cream & Salsa & Beans
Alt: 2oz WG Bagel Meal, Sun-flower seeds & Fruit

Lunch
22
Spaghetti & Meat Sauce & Garlic Texas Toast

Mixed Veggies & Fruit
Alt: WG 2ozCereal meal, 4oz juice, Cheese stick, Fruit

Lunch
23
Pizza Thursday, Cheese Pizza, Caesar Salad

WG Treat & Fruit
Alt: 2oz WG Bagel Meal, Sun-flower seeds & Fruit

Lunch
24
Turkey & Cheese Sandwich & Veggie Sticks, Fruit

Alt: WG 2ozCereal meal, 4oz juice, Cheese stick, Fruit

Lunch
27
Italian Dunkers (Garlic Bread stick, mozzarella cheese & Marinara)

Mixed Veggies & Fruit
Alt: WG 2ozCereal meal, 4oz juice, Cheese stick, Fruit

Lunch
28
Breakfast for Lunch

Pancakes, Sausage, Hash Browns, Juice, & fruit
Alt: 2oz WG Bagel Meal, Sun-flower seeds & Fruit

Lunch
29
Chicken Noodle Soup, Veggie Sticks & Dinner roll

Alt: WG 2ozCereal meal, 4oz juice, Cheese stick, Fruit

Lunch
30
Pizza Thursday, Cheese Pizza, Roasted Broccoli

WG Treat & Fruit
Alt: 2oz WG Bagel Meal, Sun-flower seeds & Fruit

Lunch
31
Hot Dog on a whole-wheat bun

Baked beans, veggies & fruit
Alt: WG 2ozCereal meal, 4oz juice, Cheese stick, Fruit

Menu is subject to change.

Morning Pre-k can receive Breakfast from this menu.

Afternoon Pre K can receive Alternative lunch option choice from this menu

School entrée alternative listed on this menu includes Veggies, fruit & milk

This institution is an equal opportunity provider

Breakfast Choices: **Monday:** Muffin Meal, **Tuesday:** Cinnamon Roll, **Wednesday:** Quick Bread
Thursday: WG Pastry, **Friday:** Multi Grain Breakfast Bar: **All juice is 100% juice, each breakfast comes with ½ cup fruit, fruit Juice & or milk & All options are made using Whole Grain**